

***Canberra City  
Gymnastic  
Club  
Inc.***



***Annual General  
Meeting***

**2001**

**GYMNAS  
TICS**



***Canberra City Gymnastics Club Inc.***

A NATIONAL HIGH PERFORMANCE CENTRE

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### 1. AGENDA

- 1) Apologies
- 2) Minutes of the 2000 AGM.
- 3) Chairman's report.
- 4) Auditor's reports
- 5) Special Resolution – that proposed changes to the Constitution of Canberra City Gymnastic Club Inc. be accepted.
- 6) Elections
  - a. President
  - b. Manager
  - c. Coach/Judge Member
  - d. Member
- 7) Appointments
  - a. Public Officer
  - b. Auditor

### 3. Chairman's Report

This is the first AGM for the new Management Committee. The eleven month period of operation since the last AGM has been one of transition and challenges. The Management Committee members have put in many hours of work towards improving the Club's identity, services and environment for members, staff and volunteers. Also an important goal for the Club's executive continues to be ensure opportunities for *all* gymnasts and to maintain and enhance Club spirit.

I would like to briefly report on several aspects of Club outcomes over the past eleven months and over the financial year.

#### *Gymnastic Results*

Club gymnasts have enjoyed excellent results in both ACT and National competitions. I am happy to say that these are too many to mention individually in the body of this report but are presented in tabular form at the end. I would also like to congratulate Club members for their Club spirit and support of team mates at all competitions.

Particularly pleasing has been the *quadrupled* participation of our Club in the Australian Levels Program (ALP) competitions held in the ACT. Over eighty gymnasts took part in the suite of level one to level 4 competitions with many achieving Red ribbons with Emma Carroll and Lucy Bek earning the Gold. In the Mens Artistic Gymnastics (MAG) final session, the only two gymnasts to achieve Gold were Canberra City Gymnasts. Of our boy's team, Paul Palombi and Joshua Groom were invited to train at Canberra Institute of Gymnastics (CIOG), Woden.

In the ALP level 5 to level 9, our gymnasts regularly featured in the top three with Emma Carters becoming the level 9 Champion.

I would like to mention how well presented our gymnast contingents were at all these competitions. Thanks are extended to parents who helped to organize uniforms.

In the National stream the ACT Gymnastic Association brought in a new format for the level one to level three competitions, which encouraged a personal best approach. Apart from one or two concerns, the consensus was very positive. Our Womens Artistic Gymnasts (WAG) again performed very well being the majority of the Red and Gold recipients. Eleven girls gained Gold with scores of over 36.5! The level one's also found their first competition experience bearable.

The level 4 to level 10 championships saw our teams settling into their new levels very well. Miyoko Holder and Zoe Hewett became ACT level 7 and level 10 Champions respectively.

Teams and individuals competing at Australian Championships and National Clubs Championships brought home several trophies for the Club, with Zoe Hewett being Australian Bronze medallist on Bars – overall wonderful achievements for both the gymnasts and their coaches. Level 4 and Level 7 gymnasts new to the experience of junior and senior National competitions were well supported by teammates and Club mates.

Internationally, it was time to farewell Belinda Archer and Shana Keighran, Junior and Junior National gymnasts, as they trialed for Australian Institute of Sport Scholarships from February onwards. It is a credit to the Club and their coaches Alexander and Ludmila Kostenko that these girls earned 3 month AIS scholarships in September 2001.

Congratulations also go to Zoe and Anthea Hewett who qualified and were selected to the Australian Womens Team competing in three competitions in California next January.

#### *Retirements*

We, and Gymnastics Australia have farewelled long serving gymnasts Lyndall McDonald (L10), Karen Usher (L9), Yumi Holder (L10) and Pippa Featherston (L9). However, Canberra City has welcomed Karen, Yumi and Pippa to our coaching staff.

#### *Uniforms*

The new tracksuits for gymnasts and coaches and the new coaches shirts and jumpers (subsidised by the Club) have enhanced Club identity and professionalism.

#### *Staff*

The beginning of 2001 saw the departure of three coaching staff: Helen Blackert (Tots, L1 and L6), Genevieve Preston (L4) and Jennifer Schaefer (ALP L4/5), as they pursued further professional development and University Places.

Canberra City was then fortunate to be able to obtain the services of professional coach Renee Frost for our daytime Tots classes, MAG classes and, what was then an anticipated foray into Schools classes. Renee's first brief was to prepare a display for the Active Australia National Sports Policy Launch at the AIS Arena in April!

During the year, the Committee actively invited the return of Yun Fan, who had left Canberra City almost five years ago to coach at the MLC club in Victoria. We were successful and Yun started coaching at the Club at the start of Term 4. Yun is a highly experienced, professional coach and is responsible for MLC's successful junior elite program leading into senior national and international levels.

Very recently, the Committee regretfully received the resignation of Head Coach and long serving Club member Caroline Corazza. We hope to coax Caroline back to the Club and ACT Gymnastics after a break.

#### *Membership*

Membership numbers have increased from around 500 at the end of 2000 to an average of about 650 during 2001. These numbers exclude children participating in our Schools program, which total more than 400 and which we share with Southern Canberra Gymnastic Club. This is a very pleasing result following the proactive efforts of the Committee.

#### *Schools Program*

The Committee approved the joint purchase, with Southern Canberra Gymnastic Club, of the Canberra United Schools business providing in-school gross motor and gymnastics programs for fifteen schools. Through the efforts of Renee Frost and Nicole Cochrane, the new business incorporated as Canberra Gymnastics, now has five extra schools. Notably, we have secured a whole school provision for Sutton Primary and after-school gymnastic classes at Queanbeyan Primary. For Canberra City, these programs translate to a income of approximately \$4000 per 10 week term.

Congratulations to coaches Renee Frost, Brian Hewett and assistant Julie Delfino for their work in what can be a gruelling schedule.

#### *Office & Administration*

Both an answering machine and facsimile machine were purchased at the beginning of the year. These have facilitated communication within and outside the gymnastic community. Call controls have also reduced the Club's telephone accounts to less than one third of previous accounts. The filing system has been streamlined and all publications now have 'corporate' identity.

Installation and setting up of the MYOB accounting software and Quickline electronic banking software, assisted by Jason Webster of Webster Accounting Services, has computerised our accounts, BAS calculations and payroll deposits. The full efficiencies of the system will be realised in 2002 when group certificates will be produced electronically, saving many hours of handwritten work by the Office Manager.

**The Committee thanks Jie Yi Xian, Office Manager and Manager for the Association, for her many hours spent on training and entering/reconciling all the accounts since July 2000.**

#### *Grants*

Thanks to the volunteer effort of the Club's members, gymnasts, parents, coaches and judges, we earned \$4000 for the Club's contribution to the hosting of the National Clubs WAG L4 to L6, MAG L1 to L10 and ACGA International Competition, held at the AIS Arena in July 2001.

For this Olympic cycle we are currently classified as a Developing program under Gymnastics Australia's High Performance Plan. The Plan identifies Core programs (such as state institutes and the AIS) then Developing programs: MLC, Westfields and CHPC (Canberra High Performance Centre) followed by Feeder programs. During the '92 to '96 Olympic cycle the Club's performance was rewarded with Grant funds. Also, the Australian Sports Commission's now defunct satellite program granted funds to clubs, which had provided the AIS with well prepared gymnasts (although Canberra City did not accept any such funds at the time). Gymnastics Australia's Board meeting earlier this year decided that any grant monies would flow only to the Core programs. This was a disappointment. The Elite Management Committee is meeting once again during the Canberra Cup in December and a reclassification of programs is on the agenda. The Club has one representative presence (of the seven) on this Committee.

#### *Finance*

Actions taken by the Committee in order to improve outcomes have already been mentioned above.

In addition, the Committee has pursued an alternative provider of Workers Compensation insurance, *Allianz*, which will save the Club around \$4000 in annual premium.

We have renegotiated the loan with the *Commonwealth Bank* to a 12 month term, ending December, at interest rate reduced from 9.4% to 7.9% while retaining the same repayments. It is anticipated that the final year of the loan will be negotiated at a rate lower than this again.

After research into rubbish collection options, the Committee decided to retain the *Pacific Waste Management* service but reduced collection to monthly, This has halved the annual invoice to \$600.

*Fees* were increased at senior levels 7 to 10 at a rate of \$40 per 4hrs over 20 hours training per term. With the 10% GST, the final figures did look a bit daunting at first. All groups from level 5 and up remain heavily subsidised.

*Fees income* has increased, reflecting our increase in members and an improved payment policy for 2001.

On the other side of the ledger.....

*Staff Wages* (and therefore on-costs such as 8% superannuation) were increased for 2001, and a wage increment policy was put in place.

*Professional Development* has been supported by the Club by a policy of full reimbursement of Judges and Coaches course fees on successful completion.

*Maintenance and Equipment Purchases* are important aspects of current and future expense for Club safety and success. The Committee wish to thank Brian Hewett for his in-numerable hours of volunteer work in all aspects of this area.

Referring to the Financial statements.....

The Club has posted an operating surplus which we hope to maintain and increase as the Schools income is included. We can attribute this to an increase in fees income and reduced associated expenses.

Liabilities noticeably reduced although provisions for Leave have been increased to reflect our current situation.

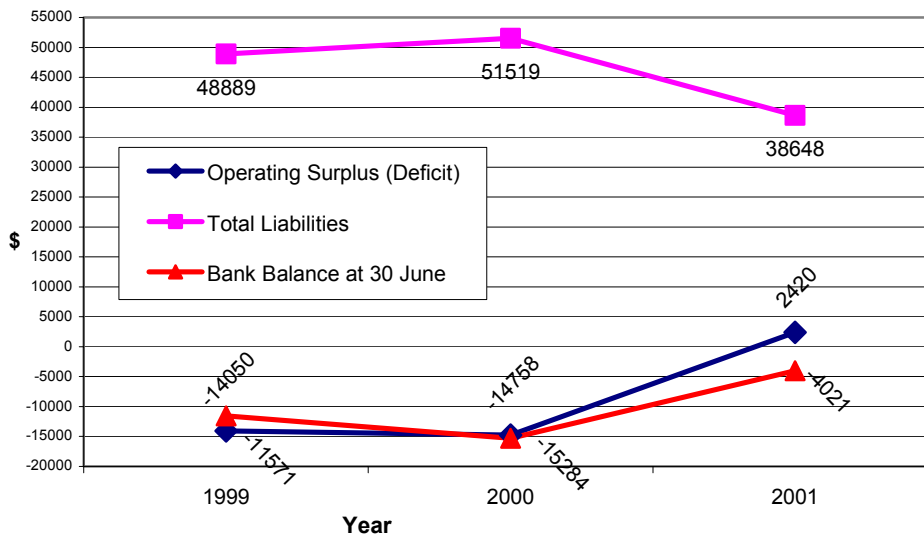
*Loan* with the Commonwealth bank has been reduced to \$14218 from \$20816  
*Long Service Leave* provision has been increased in the non-current liability account to anticipate Sasha Kostenko's request to take 8 weeks leave during July, August and September.

*Loan* of \$14000 paid out to L & D Sharp.

### Notable Comparisons

Account	2001 \$	2000 \$
Income	239194	217372
Expenses	237558	232130
Cheque Account	-4021	-15284
Operating Surplus	<b>2420</b>	<b>-14758</b>
LSL Provision	6314	5536
Loan – L & D Sharp	0	14000
Loan CBA	14218	20816
<b>Total Liabilities</b>	<b>38768</b>	<b>51519</b>
Member's Equity	192444	185546

Financial Indicators - 1999 to 2001



*Constitution*

The Committee was aware that the Constitution had to be altered in order to include the 'Name' and 'Objects' of the Association. There were also some concerns at the elected makeup of the Committee. I recommend that members accept the proposed changes as an opportunity to retain past executive numbers to take care of the day-to-day practicalities, whilst allowing more flexibility of membership. The current Committee states for the record that it is an Executive Committee that regularly requires input of the professional expertise, for example in coaching, judging, marketing, etc., available within the Club.

Mary Hewett  
3 November 2001

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**ALOHA GYM FEST – HAWAII Jan 2001**

Anthea Hewett	4 <sup>th</sup> Level 10 Bars
Sveta Kostenko	6 <sup>th</sup> Level 10 Bars
Coach	Ludmila Kostenko

**AUSTRALIAN CHAMPIONSHIPS – May/Jun 2001**

Zoe Hewett	Bronze Level 10 Bars
ACT Level 10 Team	
Zoe Hewett Yumi Holder Sveta Kostenko Anthea Hewett	Bronze overall
Coaches	Sasha Kostenko Ludmila Kostenko Caroline Corazza



### **NATIONAL CLUBS CHAMPIONSHIPS – WAG Level 4 to 6**

CCGC Level 4 Team  Amy Brokenshire Lauren Cameron Philippa Dickens Seren Ovington Emily Pluck	11 <sup>th</sup> Overall (40 clubs)
Coach L4	Kim Bennett
CCGC Level 5 Team  Kate Brokenshire Ashleigh Feltham Jessica Ingersole Juanita McDonald Elise Wright	3 <sup>rd</sup> Floor 5 <sup>th</sup> Vault 6 <sup>th</sup> Overall
Coach L5	Kelly Young
CCGC Level 6 Team  Sophie Bek Kathleen Cross Kahlia Holmes Rebecca Poirrier Stephanie Thomson	2 <sup>nd</sup> Beam 4 <sup>th</sup> Bars 5 <sup>th</sup> Overall
Coach L6	Ludmila Kostenko
Canberra City Gym Club	6 <sup>th</sup> Club Overall

### **ACT COMPETITIONS – Sept 2001**

#### **ACT Australian Levels - MAG**

Maddison Kenna	Level 1 – Gold
Paul Palombi	Level 4 - Gold

#### **ACT Australian Levels - WAG**

Emma Carroll	Level 1 – Gold
Lucy Bek	Level 3 - Gold

**ACT Australian Levels – State Titles**

**Level 5**

Tamara Kenna	3 <sup>rd</sup> Overall 1 <sup>st</sup> Floor 3 <sup>rd</sup> Beam
Katherine Baker	6 <sup>th</sup> Overall 2 <sup>nd</sup> Floor 2 <sup>nd</sup> Bars

**Level 6**

Megan Carters	6th Overall
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**Level 7**

Caitlin Woods	3rd Overall 1 <sup>st</sup> Vault 3 <sup>rd</sup> Bar
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**Level 8**

Sophie Bek	2 <sup>nd</sup> Overall 1 <sup>st</sup> Floor 2 <sup>nd</sup> Beam 2 <sup>nd</sup> Vault
Rosie Listing	3 <sup>rd</sup> Overall 1 <sup>st</sup> Bars 3 <sup>rd</sup> Beam
Georgia Davis	4 <sup>th</sup> Overall 2 <sup>nd</sup> Bars
Katherine Morrell	6 <sup>th</sup> Overall 3 <sup>rd</sup> Bars

**Level 9**

Emma Carters	1 <sup>st</sup> Overall 1 <sup>st</sup> Vault 2 <sup>nd</sup> Bars 1 <sup>st</sup> Floor
Kelly Haughie	3 <sup>rd</sup> Overall 1 <sup>st</sup> Bars 3 <sup>rd</sup> Beam 3 <sup>rd</sup> Floor

Coach ALP L5 to L9	Thuy Phan
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**National Levels 1 to 3 – Gold**

Claudia Frankham	Level 1
Chloe Chignell	Level 1
Erin Townsend	Level 1
Amanda Lee	Level 1
Melissa Ellen	Level 1
Candice Allan	Level 2
Vanessa Schimizzi	Level 2
Shae Pluis	Level 2
Emily Glover	Level 2
Karli Ross	Level 3
Danielle Green	Level 3
Coaches	Caroline Corazza Connor Carson

**National Levels 4 to 10 – State Titles**

**Level 4**

Philippa Dickens	2 <sup>nd</sup> Overall 2 <sup>nd</sup> Vault 1 <sup>st</sup> Bars 6 <sup>th</sup> Beam 1 <sup>st</sup> Floor
Emily Pluck	3 <sup>rd</sup> Overall 1 <sup>st</sup> Beam 5 <sup>th</sup> Floor
Amy Brokenshire	6 <sup>th</sup> Overall 5 <sup>th</sup> Vault 3 <sup>rd</sup> Bar 5 <sup>th</sup> Beam
Seren Ovington	4 <sup>th</sup> Bars 4 <sup>th</sup> Beam
Coach	Kim Bennett

**Level 5**

Danjel Miladinovic	3 <sup>rd</sup> Overall 4 <sup>th</sup> Bars 1 <sup>st</sup> Beam
Amie Bishell	6 <sup>th</sup> Overall 4 <sup>th</sup> Beam
Jessica Ingersole	2 <sup>nd</sup> Beam 6 <sup>th</sup> Floor
Elise Wright	2 <sup>nd</sup> Bars 4 <sup>th</sup> Floor
Ashleigh Feltham	2 <sup>nd</sup> Floor 5 <sup>th</sup> Vault
Kate Brokenshire	3 <sup>rd</sup> Bars 5 <sup>th</sup> Floor
Juanita McDonald	5 <sup>th</sup> Bars
Coach	Kelly Young

**Level 6**

Stephanie Thomson	4 <sup>th</sup> Overall 4 <sup>th</sup> Vault 1 <sup>st</sup> Bars 6 <sup>th</sup> Beam 5 <sup>th</sup> Floor
Kathleen Cross	6 <sup>th</sup> Overall 6 <sup>th</sup> Vault 5 <sup>th</sup> Beam 6 <sup>th</sup> Floor
Coach	Ludmila Kostenko

**Level 7**

Miyoko Holder	1 <sup>st</sup> Overall 1 <sup>st</sup> Bars 1 <sup>st</sup> Beam
Lauren Donne	2 <sup>nd</sup> Overall 1 <sup>st</sup> Vault 1 <sup>st</sup> Floor
Coach	Ludmila Kostenko

**Level 9**

Natasha Schumacher	Qualified Gold all Apparatus
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**Level 10**

Zoe Hewett	1st Overall 1 <sup>st</sup> Vault 1st Bars 3 <sup>rd</sup> Floor
Anthea Hewett	2 <sup>nd</sup> Overall 3 <sup>rd</sup> Vault 2 <sup>nd</sup> Bars 1 <sup>st</sup> Beam 1 <sup>st</sup> Floor
Svetlana Kostenko	3 <sup>rd</sup> Overall 2 <sup>nd</sup> Vault 3 <sup>rd</sup> Bars 2 <sup>nd</sup> Floor
Coaches Level 9/10	Sasha Kostenko Ludmila Kostenko

**NATIONAL CLUBS CHAMPIONSHIPS – WAG Level 7 to 10**  
**October 2001**

CCGC Level 9/10 Team  Zoe Hewett Sveta Kostenko Anthea Hewett Natasha Schumacher	4 <sup>th</sup> Overall 2 <sup>nd</sup> Bars 6 <sup>th</sup> Beam 4 <sup>th</sup> Floor
CCGC Level 7 Team  Miyoko Holder Lauren Donne Stephanie Thomson Kathleen Cross	6 <sup>th</sup> Overall 2 <sup>nd</sup> Bars 3 <sup>rd</sup> Floor
CCGC	5 <sup>th</sup> Club Overall
Zoe Hewett Anthea Hewett	Selected to Australian Team Competing in California, January 2002
Coaches	Sasha Kostenko Ludmila Kostenko