



Adult Gymnastics

with Canberra City Gymnastics Club

Adult gymnastics is for anybody!

If you're over 18 and have always wanted to give gymnastics a go, come and have a try at adult gym! It doesn't matter if you've never done gymnastics, just that you're willing to give it a go. It's a great way to stay fit, have fun and meet new and interesting people. Our Gymnastics Australia accredited coaches will be happy to help you reach your goals!

Where: Classes are run at our Belconnen Venue

When: 8:00-9:30pm on Tuesdays and Thursdays

Cost: \$25 per session or \$190 for 10 plus a one off registration and insurance fee of \$90 per year



Where to go

Adult gymnastics is held at Canberra City Gymnastics Club in Belconnen.

85 Chandler Street (Cnr College and Chandler Streets)
Belconnen, ACT, 2617

Call 6251 1131 or email office@canberracity.org.au for more information