



Junior Recreational Gymnastics at Canberra City Gymnastics Club

At Canberra City Gymnastics Club we work towards developing each individual's skills at their own pace. By offering a program in which each gymnast is assessed every term we are able to ensure that gymnasts are constantly challenged, learning and developing throughout the year.

Upon joining our program gymnasts are allocated a level based on their age. Following this, they will progress at their own pace through our levels – sometimes spending a full year in a level, sometimes only one or two terms. This approach ensures that each gymnast is working at his/her personal ability and with other gymnasts at the same ability as them.



Classes are fun, engaging and consistently challenging for all gymnasts, and ensure that every gymnast has the opportunity to succeed! With sessions running for one hour each it's the perfect end to a school day or start to a weekend!



Once passing our junior program, gymnasts will be invited into our boys or girls recreational gymnastics programs. Here they will continue to work on and develop the basics they have mastered in our junior program

For more information, or to book in a trial, give our office a call on 6251 1131. Prices quoted are for a 10 week term on weekdays/Saturdays and for one session per week. For more accurate quotes, please contact our office. Days and times are subject to availability.

Belconnen Venue Timetable (85 Chandler St, Belconnen, ACT, 2617)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Grasshoppers (5-6 yrs) \$260/\$285	4:00-5:00	4:00-5:00	4:00-5:00	4:00-5:00	4:00-5:00	9:30-10:30; 10:30-11:30
Frogs (6-7 yrs) \$260/\$285	4:00-5:00	4:00-5:00	4:00-5:00	4:00-5:00	4:00-5:00	9:30-10:30; 10:30-11:30

Lyneham Venue Timetable (196 Mouat St, Lyneham, ACT, 2602)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Grasshoppers (5-6 yrs) \$260/\$285	4:00-5:00	4:00-5:00	4:00-5:00	4:00-5:00	4:00-5:00	10:00-11:00; 11:00-12:00
Frogs (6-7 yrs) \$260/\$285	4:00-5:00	4:00-5:00	4:00-5:00	4:00-5:00	4:00-5:00	10:00-11:00; 11:00-12:00